

Student Hubs: Our Training Offer



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Student Hubs

Student Hubs works in partnership with UK universities to mainstream student social action, empowering a new generation of active citizens. We design, deliver, and scale programmes for students where they can engage in a wide range of social action projects.

Our staff deliver training for students and staff to support your development needs, using our wide portfolio of training from our 15 years of expertise and experience.

Our background in designing and delivering in-curricular and extracurricular activities and training programmes for students, graduates and third sector staff means we are able to support your students or teams' development with a variety of sessions.



Popular training for students includes sessions on: leadership; volunteer management; basic project and skill development (e.g. public speaking, project and time management); employability; and more.

Popular training for staff includes: leadership; communication; line management; volunteer and student engagement; social action; innovation; accessible communications; equity, diversity and inclusion; and more.

We have packages designed for:

- Students (pages 4-7);
- University staff (page 8);
- Third sector staff (page 9);
- Early career/junior staff with 0-2 years of experience (page 10);
- Equity, Diversity and Inclusion training which can be adapted to all the above groups as required (page 11).

Find out more about our pricing on page 12.

"The constant support of the Cambridge Hub staff and the other Engage for Change participants made the programme such a wonderful environment to work in and showed me how empowering collaborative social justice work can be. I also learnt a lot from the training about project management and planning; a knowledge which really developed with its practical application throughout my project."

Clarissa, University of Cambridge student

Our Network's Impact

Training



1603

students trained in-person
and virtually in 2021-22

Events



1236

attendees to in-person and
virtual events across 2021-22

Confidence



86%

of students agreed they
increased their confidence
in approaching challenges

Leadership



78%

of students agreed they
improved their ability to lead
others to make change

"The content on making training memorable and mixing sessions was very useful. The opportunities to present also made me really confident in my style and delivery and by the end I felt like I could deliver training straight away."

Staff training participant

"Great session - engaging, fast-paced, much more efficient than most training I've had."

Staff training participant

"The training was compact and very thorough. [The Hub staff member was] a brilliant speaker, very engaging [and] was great at getting us involved and [providing support] to complete the activities."

Kingston University student

"Everyone received training on a range of topics which were useful throughout the year, such as behaviour management and leadership skills. We could also request training for areas we were unsure of, which was really helpful."

University of Southampton student



Student Training

Student training has been at our core for over 15 years at Student Hubs.

The information to the right explains how our training can support your needs. See our student training examples on pages 5-7.

Popular training for students includes topics on: leadership; volunteer management; basic project and skill development (e.g. public speaking, project and time management); employability; and more.

Prices start from £300 for an hour for session delivery. Additional costs include time spent on creation and adaption of sessions to be delivered to your chosen audience, and staff travel, meal or accommodation costs. This cost will be assessed and quoted for you on a case-by-case basis, and will be added into the cost of delivery when confirming your training booking.

You can see page 12 for more information.

High quality training

We recognise the importance of engaging students with high quality training to support them in making the most of their university careers, and providing the foundations for students to leave university equipped with the skills and tools necessary to thrive as graduates.

Embedded into your delivery

Through our diverse range of sessions, our training can easily be embedded into your current delivery of work internal to the university, whilst still providing students with all the necessary skills and knowledge they need to succeed. See page 5 for examples of our offer.

Accessibility

Accessibility is a priority for us: we do everything to ensure that students receive a meaningful and engaging training experience. Training can be delivered in-person or virtually for students, and any associated costs for travel, meal or accommodation expenses will be agreed and added into the cost of delivery when confirming your training booking.

Student Leadership Package and Sessions

Our packages

Packages for student training can be bought in as a suite of programmes or as one-off training sessions for students.

If you have a specific session, issue or topic in mind which isn't listed, please get in touch to enquire, as we are able to explore creating a bespoke offer for you.

Training student leaders

All of our Hubs lead a team of student leaders, who work as a Hub committee to support us to deliver our programmes.

Our student committees are trained across the year with a suite of sessions which you can buy in as one-off sessions or as a series of training offered to your student leaders across the year. These training sessions are practical, interactive, and enable students to feel confident and skill up in a short amount of time.

Please get in touch if you want to find out more about our leadership training.

Sessions include:

- **Developing your Leadership Skills;**
- **Resilience: Skills for Life;**
- **Your Guide to Effective Public Speaking;**
- **How to Effectively Manage Volunteers;**
- **Project Management: Top Tips, Tricks and Skills;**
- **Event Management: Top Tips, Tricks and Skills;**
- **Your Next Steps in the Third Sector: A Workshop on CVs, Jobs and Employability;**
- **Teamwork and Managing Conflict.**

Go to page 12 to see our pricing and email [Fiona Walsh at fiona.walsh@studenthubs.org](mailto:fiona.walsh@studenthubs.org) to enquire.

"The innovative, interactive and enjoyable training sessions have been essential to the success of the leadership programme. Working with Student Hubs has enabled us to offer a wide range of skills sessions to students who have given us positive feedback about how much they take from the sessions into future employment and careers."

Birmingham Business School



Challenge Leadership

Challenge Leadership is a full day event consisting of workshops, interactive sessions, discussions and reflection space, designed to equip students with the knowledge, skills and confidence to become leaders for social change.

How?

This unique curriculum supports students to identify themselves as leaders, exploring different styles and characteristics of leadership, the key skills needed to develop in order to be an effective leader, and the approach needed to inspire a team to support their cause. It also fosters peer networks and relationship building amongst student leaders.

Who?

Challenge Leadership is aimed at sabbatical officers, project leaders, student society committees, student social entrepreneurs or any other student looking to develop skills to lead with confidence.

Outcomes?

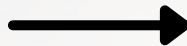
By the end of the day, students will be able to:

- Articulate their values and goals for leadership;
- Recognise their strengths and weaknesses;
- Understand the skills and frameworks involved in leadership;
- Create an action plan for their leadership development and behaviour change.

Challenge Leadership: A Student's Journey

Part I: What is leadership?

Understanding and reflecting on the skills and qualities of leaders, value and vision statements, and the power to lead



Part II: Leadership strategies & frameworks
Learning about different leadership styles, what type of leader they are, and activities to practice leadership styles



Part IV: Leadership action planning

Making personalised action plans for skill development, behaviour change, support needs and a timeline of priorities and goals



Part III: Developing peer networks

Getting to know their peers in the session, how to network, effective peer support frameworks and how to ask for support

"To apply for jobs you need project management skills, volunteer management skills and so on. [Student Hubs] offered me those skills whilst I was giving back to my community. My experiences with Kingston Hub actually made me realise what I wanted to do with my life ... and my purpose - giving back to communities and being an active citizen."

University Staff Training

Our packages

Packages for staff training can be bought in as a suite of programmes or as one-off training sessions for staff.

If you have a specific session, issue or topic in mind which isn't listed, please get in touch to enquire, as we are able to explore creating a bespoke offer for you.

Our expertise training staff

Our partnership with universities means we have expertise in supporting various internal university departments and sharing our learnings on engaging students effectively.

We have a particular experience in training recent graduates and early career staff with the skills they need to thrive in a professional environment. See more about this offer on page 10.

Sessions include:

- **How to Design and Run Effective Training: Train the Trainer;**
- **How to Manage Student Volunteers;**
- **Understanding Impact Measurement;**
- **Embedding Student Leadership into Programme Design;**
- **Working with Community Partners;**
- **Programme Innovation;**
- **Accessible Communications.**

Go to page 12 to see our pricing and email Fiona Walsh at fiona.walsh@studenthubs.org to enquire.

See our Early Career Training on page 10.



Third Sector Training

Our packages

Packages for third sector training can be bought in as a suite of programmes or as one-off training sessions for your team.

If you have a specific session, issue or topic in mind which isn't listed, please get in touch to enquire, as we are able to explore creating a bespoke offer for you.

Our expertise training the sector

Student Hubs has been working in the third sector for 15 years and can share our expertise on our approach to operations, approach to staff support, and people and culture, all of which are specialisms of our work.

Early Careers Training offer

We also offer a training package for junior staff (with 0-2 years of experience). See age 10 for more information.

Escape the City Top 100 ranking

Escape the City aims to support 1 million people to quit their corporate work and find a profession with purpose. For the last two years, Student Hubs has ranked in their top 100 organisations to escape to from 13,000 organisations nominated. [We ranked 68th](#) in 2022 with a particular emphasis on our 'people' and 'innovation' categories.

Our People and Culture sessions:

- Recruiting and Inducting Staff;
- Effective Line Management (2 hours, half day or full day session);
- Fostering Your Organisational Culture and Values;
- Feedback and Growth Mindsets;
- Supporting Staff Wellbeing.

Our Volunteering sessions:

- How to Design and Run Effective Training: Train the Trainer;
- How to Manage Volunteers;
- Understanding Impact Measurement;
- Embedding Leadership into Programme Design;
- Working with Community Partners;
- Relationship Management and Conflict Resolution.

See age 11 for our Equity, Diversity and Inclusion package.

Go to page 12 to see our pricing and email [Fiona Walsh](mailto:fiona.walsh@studenthubs.org) at fiona.walsh@studenthubs.org to enquire.

"As a new line manager, this training session helped me to feel more confident that I have the tools and skills I need. There was a great balance of theory and practice, which was particularly useful. [The trainer] created an engaging, comfortable and supportive training space, which allowed our team to engage fully and share open reflections and discussion."

Early Career Training

Our packages

Packages for early career staff (with 0-2 years experience) or new starters can be bought in as a suite of programmes or as one-off training sessions for your team.

If you have a specific session, issue or topic in mind which isn't listed, please get in touch to enquire, as we are able to explore creating a bespoke offer for you.

Training staff early in their careers

For years we supported graduates in the third sector through our Worthwhile training programme. At Student Hubs, we specialise in early career support and our training is designed to accelerate staff's development into becoming future leaders. We're able to train new starters to a high standard, allowing you to focus on your organisation's key work. Our diverse range of training allows you to build a development package for your team to thrive.

Sessions include:

- Leadership;
- Resilience and Growth mindsets;
- Influencing and Negotiation;
- Introduction to the Third Sector;
- Impact Measurement;
- General skills training adapted for early careers staff (e.g. project and time management, volunteer management, event management, public speaking);
- Communications and Accessible Communications;
- Innovation in the Workplace.

Go to page 12 to see our pricing and email Fiona Walsh at fiona.walsh@studenthubs.org to enquire.

Building blocks of our approach for early careers training:

Leadership

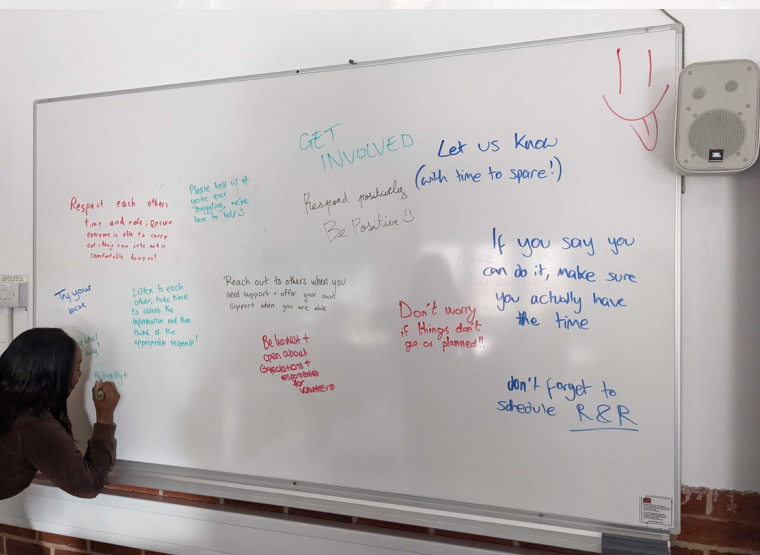
Managing

Influencing

Resilience

Innovation

Impact



Equity, Diversity and Inclusion Package

As an organisation which aims to mainstream student social action, it is important that our work is accessible to, and impactful for, all students and all communities regardless of background. Therefore a strong approach to equity, diversity and inclusion is key to what we do.

These sessions can be bought:

- To be delivered to groups of students, university staff or third sector staff;
- As a package of sessions;
- Or as individual ad-hoc sessions.

Introduction to Equity, Diversity and Inclusion (EDI)

A general introduction to Equity, Diversity and Inclusion, getting participants comfortable with the topic (including language and terminology), exploring lived experience, unconscious bias and being inclusive.

Accessible Programme Design

This session explores designing programmes of delivery (for staff, students or other community groups) and how to make these more accessible, including measures involved in recruitment, training, resources/advertising, and supporting individuals to engage based on their accessibility needs.

LGBTQ+ Training

This is to support people with understanding language and terminology associated with the LGBTQIA+ community, how to make engagement more accessible and inclusive for individuals, and dealing with challenges these groups may face (e.g. bullying and harassment).

Unconscious Bias

This is an in-depth session covering elements of Introduction to Equity, Diversity and Inclusion above, but focusing on lived experience and privilege, challenging our own unconscious biases and creating spaces for reflection, activity and questions.

"[The Unconscious Bias training] was really useful and jam-packed full with some brilliant information. This will have been a great step for us internally to improve our D&I processes and I'm sure from the questions asked, our whole team found it really useful as well."

**Give A Grad A Go after Unconscious Bias training
delivered by Student Hubs**

Pricing, Booking and Logistics

Delivery prices

One-off session bookings start from:

One hour training - £300

Two hour training - £400

Half day training (3.5-4 hours) - £500

Full day training (6-7 hours) - £1000



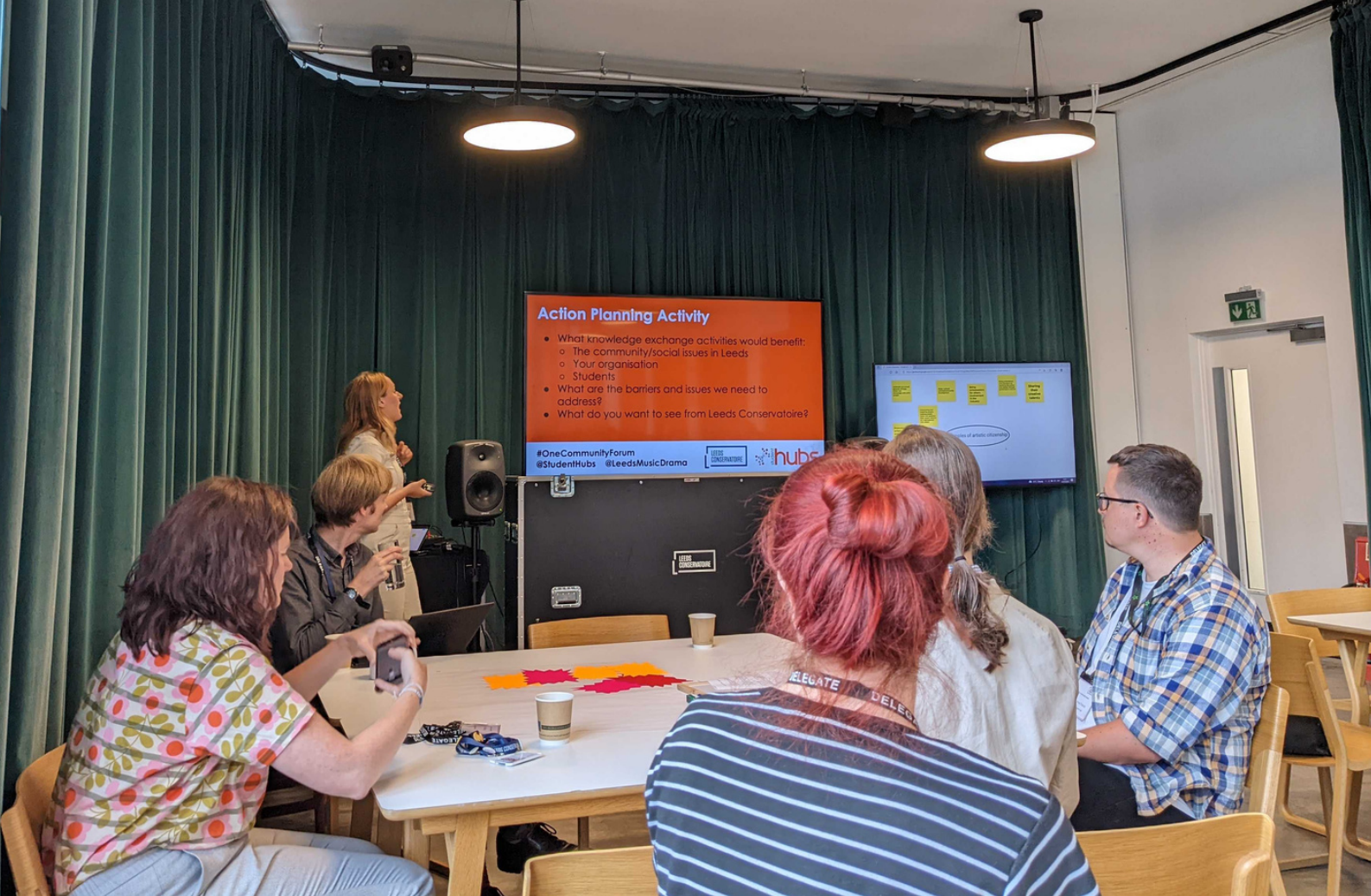
Other associated costs included with training pricing (creation, adaption and travel):

We reserve the right to invoice for time spent on creation and adaption of sessions to be delivered to your chosen audience. This additional cost will be assessed and quoted for you on a case-by-case basis. We also include any travel, meal or accommodation costs as part of our training quote, depending on the length and location of the session.

Cancellations:

For training that is booked in and invoiced by Student Hubs, we reserve the right to charge a cancellation fee for training that can no longer go ahead. This rate is charged at a third of the cost of the booked training, e.g. for a cancellation of a one hour training at £300, we charge a £100 fee for cancellation.

To enquire or book training, please get in touch with Fiona Walsh, Partnerships and Development Director at fiona.walsh@studenthubs.org.



Projects

Our Hub staff deliver programmes and activities with a university partner for a limited time. Our team works with you as a partner, your students and the community to deliver activities which meet your goals and strategic aims.

Projects enable our university partners to work with us for a shorter period of time, across three to twelve months, with an agreed delivery remit which might include a programme or set of activities. Projects enables our partners to quickly meet a strategic goal. They also provide an evidence base using our tried and tested frameworks. Our Projects could also provide a stepping stone towards the launch and development of a longer term Hub with your university.

Our Projects usually include:

- 1-2 members of Student Hubs who support the Project delivery (this could include a fixed-term staff member hired for the role);
- A pre-agreed set of deliverables, with activities potentially including a project, event, research, or design support for your university students and/or staff team;
- A final report/recommendations/presentation which compiles our outputs, outcomes, impact and overall findings;
- Targets for our impact.

To enquire about our Project offer, please get in touch with our Partnerships and Development Director, Fiona Walsh at fiona.walsh@studenthubs.org.



Hubs

Our Hub staff deliver programmes and activities with a university partner for three years. Our team works with you as a partner, your students and the community to deliver activities which meet your goals and strategic aims.

By embedding our team into a central university team, Hub staff are able to work closely with university staff to provide the best service for students. It also enables them to share knowledge and learnings from their practice, developing your team's insights and skills into student and community engagement.

Our Hubs usually include:

- 2-3 staff members employed by Student Hubs who sit within a chosen department/faculty at your university;
- A student committee of recruited student leaders, who receive training and support with programme delivery;
- An advisory board made up of stakeholders from across the university;
- A pre-agreed set of programmes and activities to be delivered;
- Targets for our local impact.

To enquire about our Hubs offer, please get in touch with our Partnerships and Development Director, Fiona Walsh at fiona.walsh@studenthubs.org.

Contact us

If you would like to:

**Book Student
Hubs' student,
staff or sector
training**

**Partner with us
to set up a
Project or
Hub**

**Find out more
about our
network and
what we do**

**Get in touch with our Partnerships and Development Director,
fiona.walsh@studenthubs.org**

Email: info@studenthubs.org

Website: www.studenthubs.org

**Social media: Find us on Facebook, Twitter, Instagram and
LinkedIn by searching StudentHubs**

Student Hubs is a registered charity in England and Wales, number 1122328.

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